



SAFFLOWER OIL CAPSULES

ENRICHED WITH VITAMIN B6
Regular \$1.98 value

bottle of 100 **88¢**

These capsules are filled with Nature's own rich source of poly-unsaturates! Precious vitamin B6 provides the supplemental unsaturated fatty acids so essential to your daily diet. American Pharmaceuticals Company, APC brand supplies this most wanted item. Look for the green and blue label!



SPANISH STYLE or BEEF ENCHILADA
BANQUET DINNERS
3 reg. frozen \$1
pkgs.

FRESH GROUND HOURLY
GROUND BEEF
39¢ lb.



ASSORTED COLORS
CHIFFON FACIAL TISSUE
5 400-count \$1
pkgs.

U.S.D.A. "CHOICE" STEER BEEF
CHUCK POT ROAST
37¢ lb.



U.S.D.A. "CHOICE" STEER BEEF
STANDING RIB ROAST
85¢ lb.

U.S.D.A. "CHOICE" STEER BEEF
CHUCK STEAK
45¢ lb.

U.S.D.A. "CHOICE" STEER BEEF
RIB STEAK
89¢ lb.

U.S.D.A. "CHOICE" STEER BEEF FOR FINE FAMILY MEALS

CROSS RIB ROAST
Boneless **79¢ lb.**

FAMILY STEAK
79¢ lb.

CLUB STEAK
98¢ lb.

OSCAR MAYER LINK SAUSAGE 1-lb. pkg. **69¢**
GORTON'S FROZEN HALIBUT STEAK 12-oz. pkg. **63¢**
4-FISHERMEN FROZEN SCALLOPS (pre-cooked) 7-oz. pkg. **39¢**

These are wonderful for sandwiches. 64 oz. jar
PICKLES **59¢**
Perfect for summer salads or desserts. No. 303 can
PEARS **29¢**
Delightful hors d'oeuvres any time. Tall can
OLIVES **29¢**
Delicious sauce from selected apples. No. 300 can
APPLESAUCE **19¢**

FRUIT
ROSARITA REFRIED BEANS no. 2 1/2 can **25¢**

TREND LIQUID DETERGENT 32 oz. size **69¢**



BUFFERIN regularly \$1.29
TODAY'S BEST BUY SPEEDS PAIN RELIEF BOTTLE OF 100 **88¢**

RIPE **TOES** 1 lb. **25¢**



DELIGHTFUL TASTE TREAT
BRAN MUFFINS reg. 55¢ **49¢ doz.**



FRESH, READY TO COOK
BEEF TONGUE **39¢ lb.**



ONE POUND EGG BREAD reg. 35¢ **31¢ loaf**

MONTEREY
JACK CHEESE By the piece or sliced reg. 79¢ **59¢ lb.**

6 INCH CHOCOLATE WHIP CREAM PIE reg. 49¢ **43¢ ea.**



LETTUCE **5¢**

DEL AMO SHOPPING CENTER CORNER OF HAWTHORNE & SEPULVEDA

MAGIC CHEF



News Of Servicemen

Army Reserve Sgt. Peter H. Mueggler, 22, son of Mr. and Mrs. Frank Mueggler, 17901 St. Andrews Pl., Torrance, participated in Exercise Mesa Drive, a two-week joint Army-Air Force training maneuver recently conducted at the Yakima (Wash.) Firing Center.

Sergeant Mueggler is a radio relay chief in Company A of the 32nd Infantry Division's 132nd Signal Battalion, an Army National Guard unit which was recalled to active duty and assigned to Fort Lewis, Wash.

A member of Phi Beta Chi fraternity, the sergeant attended El Camino College and the University of California.

Airman Third Class Billie D. Adams of Torrance, is being reassigned to Dyess AFB, Tex., following his graduation from the United States Air Force technical training course for jet aircraft mechanics here.

Adams was trained to maintain and service jet aircraft and aircraft systems.

The airman, who entered the service in January of this year, is the son of Mrs. Lizzie C. Adams of 946 E. Sepulveda.

Pfc. Goyko Bubica, 24, whose wife, Vivian, lives at 2050 W. 263rd St., Lomita, participated in Exercise Mesa Drive, a two week joint Army-Air Force training maneuver recently conducted at the Yakima (Wash.) Firing Center.

Bubica is a light-truck driver in Combat Support Company of the 32nd Division's 128th Infantry, an Army National Guard unit which was recalled to active duty and assigned to Fort Lewis, Wash.

He was graduated from Star of the Sea High School, San Pedro, in 1955 and was employed by Smith Oil Tools, Compton, before going on active duty. His parents, Mr. and Mrs. Ciro Bubica, live at 1305 S. Averill Ave., San Pedro.

Sergeant First Class John P. Zellers, 43, whose wife, Kaetha, lives at 26211 Western Ave., Lomita, recently passed the Army's new physical combat proficiency test, based on skills that require agility, coordination, strength and endurance, is designed to evaluate a soldier's physical capabilities and to determine whether an individual has the stamina that would be needed on a battlefield.

Sergeant Zellers, assigned to the 8th Infantry Division's 708th Ordnance Battalion in Mannheim, entered the Army in April 1942.

Army Pvt. Ronald F. Hudson, son of Mrs. Mary Davis, 23861 Madison St., Torrance, completed eight weeks of advanced individual training at the Field Artillery Training Center, Fort Sill, Okla., June 15.

Hudson was trained in the duties and responsibilities of a cannoneer. He received instruction in the loading, firing and maintenance of artillery guns, howitzers and heavy machineguns and in artillery communications and ammunition handling and storage.

He entered the Army in January and completed basic training at Fort Ord. The 23-year-old soldier is a 1957 graduate of Narbonne High School, Lomita, and attended Harbor Junior College in Wilmington.

Two soldiers from Torrance, Pfc. Raymond F. Andicocha and Pvt. Douglas C. Anderson, recently participated with other personnel from the 101st Airborne Division in Exercise Clear Lake, a 17-day joint Army-Air Force training maneuver conducted by the U.S. Strike Command at Elgin Air Force Base, Fla.

Clear Lake, which involved more than 7,000 Army and Air Force personnel, was designed to further develop the ability of U.S. Strike Command units to function as a team capable of immediate combat deployment to any area of the world to meet any situation.

The men assigned to Company D of the division's 502nd Infantry at Fort Campbell, Ky.

Andicocha, son of Mr. and Mrs. Ramon Andicocha, 4231 W. 177th St., is a gunner in the company. He entered the Army in Sep-

tember 1961. The 19-year-old soldier is a 1960 graduate of North High School.

Anderson, son of Mr. and Mrs. Ed D. Anderson, 2122 Gramercy Ave., is a rifleman in the company. He entered the Army in September 1961. The 19-year-old soldier is a 1961 graduate of South High School.

Cadet Richard W. Shuey of Palos Verdes Estates, who recently completed his first year at the Air Force Academy, presently is on a field study trip to Air Force, Army and Navy installations across the United States.

Cadet Shuey, a member of the class of 1965, will receive detailed briefings and participate in actual jet flights and shipboard activities during the trip. The training is designed to give him a thorough indoctrination on major operational commands of the Department of Defense.

A graduate of Narbonne High School, Lomita, the cadet is the son of Mr. and Mrs. Louis S. Shuey, 4268 Via Alondra, Palos Verdes Estates.

Airman Basic Alfredo Huizar, whose parents reside at 21416 S. Vera, Torrance, is being reassigned to the United States Air Force technical training course for aircraft maintenance specialists at Amarillo AFB, Tex.

Airman Huizar, who has completed his basic military training here, was selected for the advanced course on the basis of his interests and aptitudes.

The airman attended Banner High School, Wilmington.

Walter E. Gulick, photographer's mate third class, USN, son Mr. and Mrs. Verl C. Gulick of 20232 Hawthorne Blvd., Torrance, was advanced to the present rate recently while serving with Heavy Photographic Squadron 61 at the Naval Air Station, Agana, Guam.

Advancement is the result of passing a fleet-wide competitive examination.

Ronald V. Sutherland, photographic intelligence man first class, USN, son of Mrs. R. V. Sutherland of 1540 1/2 W. 226th St., Torrance, is serving with the staff of Commander Carrier Division Five aboard the attack aircraft carrier USS Coral Sea, recently helped to make life for the Chinese refugees streaming into Hong Kong a little more pleasant.

During a recent visit to the British colony the crew of the mighty carrier and members of various detachments aboard donated blood to the British Red Cross to be used by needy refugees. In addition money was collected with which to buy food for them.

The Hong Kong assistance marked the second time in past weeks that men aboard the ship had answered the call for help. While in Kobe, Japan, the crew also gave blood to help victims of a recent train disaster near Tokyo.

The 63,000-ton carrier is presently operating in the South China Sea as a unit of the Seventh Fleet. She is scheduled to return to the U.S. in July.

Chief Warrant Officer George Walls, USMC, son of Mrs. Alice Walls of 1727 Martina Ave., Torrance, is currently serving with Marine Attack Squadron 332, Provisional Marine Aircraft Group, Third Marine Expeditionary Unit in Thailand.

Located near Udorn, approximately 400 miles from Bangkok and 40 miles south of the Thailand-Loas border, the Marines are undergoing normal training operations and, in addition, are busily preparing for the forthcoming monsoons, which are to be expected at this season of the year.

His organization is a segment of the Third Marine Division, headquarters of which are on Okinawa. The expeditionary unit is in Thailand at the invitation of that country's government and includes ground, aviation and sea-borne elements.

ADVICE ON NICKEL
International Nickel maintains information centers around the world to give technical assistance to local industry and keep users abreast of the latest development in the field of nickel research.